

Invitation Swedish Grand Prix 2

February 12-14 2010 in Uppsala (30 km north of Arlanda Airport)

Venue:	Fyrishov, 10 lane 50m indoor pool		
Competition times:		Heats	Finals
	Friday 12/2	17.00	
	Saturday 13/2	17.00	10.00
	Sunday 14/2		10.00
Accommodation and meals:	Please contact the local organizer, kansli@upsalasim.nu		
Entries:	Final entries are to be announced no later than January 28 2010 to: berth.johansson@simforbundet.se		
Entry fee:	100 SEK per event – can be paid at your arrival		
Events:	Freestyle	50, 100, 200, 400, 800/1500 m	
	Backstroke	50, 100, 200m	
	Breaststroke	50, 100, 200m	
	Butterfly	50, 100, 200m	
	Medley	200, 400m	
Prize money:	The winner of an event will receive 500 SEK There is also a money bonus for best results men and women as above: 1. 5000 SEK 2. 4000 SEK 3. 3000 SEK 4. 2000 SEK 5. 1000 SEK		

A swimmer can only receive one of the money prizes.
We will hand out the money bonus after the FINAs points from 2009.

Order of events:

Friday (heats) and Saturday (finals)	Saturday (heats) and Sunday (finals)
1. 100 m freestyle men	17. 100 m freestyle women
2. 200 m freestyle women	18. 200 m freestyle men
3. 50 m breaststroke men	19. 50 m breaststroke women
4. 100 m breaststroke women	20. 100 m breaststroke men
5. 400 m medley men	21. 400 m medley women
6. 100 m butterfly women	22. 100 m butterfly men
7. 100 m backstroke men	23. 100 m backstroke women
8. 50 m backstroke women	24. 50 m backstroke men
9. 200 m butterfly men	25. 200 m butterfly women
10. 200 m medley women	26. 200 m medley men
11. 400 m freestyle men	27. 400 m freestyle women
12. 50 m freestyle women	28. 50 m freestyle men
13. 200 m breaststroke men	29. 200 m breaststroke women
14. * 800 m freestyle women	30. *1500 m freestyle men
15. 50 m butterfly men	31. 50 m butterfly women
16. 200 m backstroke women	32. 200 m backstroke men

* the 8 fastest swimmers in the final heat